

STATED OBJECTIVE	DESIRED IMPACT	EXAMPLE OF ACTIVITY	EVIDENCE OF SUCCESS	ACTUAL IMPACT	OBJECTIVE MET/NOT MET
<p>1. All students k-8 will have opportunities, support, and encouragement to be physically active on a regular basis.</p>	<p>Scheduled Time for Daily Physical Activity</p>	<p>PE/Recess</p>	<p>PE Class – Daily Schedule Recess – Observations on Playground</p>	<p>Documented time in PE is occurring. Need to make observations to ensure recess is happening as planned</p>	<p>Objective Partially Met. Need more documentation on recess</p>
<p>2. Physical education will be provided to students according to: NC Standard Course of Study...ect.</p> <ul style="list-style-type: none"> <li>• Min 30 min per day of physical activity k-8.</li> <li>• Physical activity must be of moderate to vigorous level, and</li> <li>• Physical activity may not be taken away as punishment</li> </ul>	<p>Increased Fitness/Knowledge</p>	<p>PE Class with Gym Activities/Classroom Instruction</p>	<p>Gym Classes/Daily Schedule</p>	<p>PE Results are Measured/Health Instruction/Results Needs Review</p>	<p>Objective Partially Met. Need to provide more resources/emphasis on classroom instruction.</p>
<p>3. All students in grades k-12 will have opportunities, support, and encouragement on an ongoing basis to learn and adapt healthy eating habits through classroom instruction and lunchroom instruction.</p>	<p>Increased Knowledge of Healthy Eating Habits. Increased Choice of Healthy Items from Menu.</p>	<p>Cafeteria – Offer vs. Serve/Posters Classroom - ?</p>	<p>More Students understand what food groups make up a complete meal.</p>	<p>Students Make Better Choices and Adopt Healthy Eating Habits. Need to make observations and record results.</p>	<p>Need to assign staff to observe and record efforts and results. Ideas for reaching students include daily announcements, having teachers incorporate healthy eating into 1 lesson plan per month, food spotlight of the month.</p>
<p>4. Parents will be encouraged to serve healthy meals to their children through newsletter/website article.</p>	<p>Parents select healthy options for students who bring lunch.</p>	<p>Recipes and tips on monthly menu and on Website</p>	<p>Students observed bringing healthy options for lunch.</p>	<p>Unknown. Need to make observations and record results.</p>	<p>Results are not clear. This is an area that is hard to measure. Ideas include observe and record student lunch choices ect.</p>

<p>5. All School Lunch and Breakfast offerings will meet the meal patterns and nutritional standards established by the US department of Agriculture and may not be less restrictive.....</p>	<p>Menu meets meal pattern and nutritional standards.</p>	<p>Offer vs. Serve. Nutrient Analysis. Production records.</p>	<p>Published menu, daily offerings.</p>	<p>Daily menu meets standards.</p>	<p>Met</p>
<p>6. Food and beverages will not be sold that compete with the School Breakfast Program and National School Lunch Program. Foods and beverages not offered by the School Child Nutrition Program may only be sold 30 minutes after the dismissal bell rings.</p>	<p>No competition with school lunch program.</p>	<p>School policy matches requirements.</p>	<p>School endorsed functions do not conflict with policy. For example, after school dances do not offer food until 30 min. after school ends.</p>	<p>Same</p>	<p>Met</p>
<p>7. Food safety will be a key component of all school food operations as evaluated by the health department. Maintain Grade "A" sanitation level.</p>	<p>Cafeteria is a safe and inviting place to serve and receive school meals.</p>	<p>HACCP Plan. Daily cleaning. Monthly pest control.</p>	<p>Grade "A" from Health Department. 3 inspections per year.</p>	<p>Clean and inviting cafeteria/kitchen.</p>	<p>Met</p>
<p>8. Federal policies on allowable nutrition standards for a la cart and after school snacks will be followed. Additionally</p> <ul style="list-style-type: none"> <li>• No soft drink for students</li> <li>• A la cart &lt; 200 calories per serving....</li> </ul>	<p>Food offerings comply with Federal policies for a la cart and snack items served.</p>	<p>School does not offer soft drinks to students. A la cart offerings are less than 200 calories per serving.</p>	<p>Nutrient analysis/Production records.</p>	<p>Students are able to select from items that meet federal requirements.</p>	<p>Met</p>
<p>9. Bottles Water will be</p>					

<p>offered for sale to students.....</p>	<p>Water is offered for sale and the proceeds go to CN.</p>	<p>Same</p>	<p>Water at point of sale on a daily basis.</p>	<p>Students have water as an option.</p>	<p>Met</p>
<p>10. School based organizations will be encouraged to use services, contests, non-food items, and/or healthful foods for fundraising programs.</p>	<p>Unhealthy options are not used as incentives for school based fundraising programs.</p>	<p>Items from suggested list are used instead.</p>	<p>Candy is not sold at school.</p>	<p>Non-food fundraisers are used. For example, yankee candle.</p>	<p>Met</p>
<p>11. Milk sold in cafeteria and provided in after school will be nonfat and 1% variety of plain or flavored. Fruit juices will be 100% juice.</p>	<p>Drink selections meet requirements.</p>	<p>Students select healthy drink options.</p>	<p>Production records/nutrient analysis</p>	<p>Students make healthy choices.</p>	<p>Met</p>
<p>12. Staff will be encouraged to offer healthy foods or nonfood items as rewards.</p>	<p>Healthy options are used as rewards.</p>	<p>Homework pass/additional recess time instead of candy as a reward.</p>	<p>Staff make appropriate choices for rewards.</p>	<p>Same</p>	<p>Needs to investigate and document findings.</p>
<p>13. Staff and parents will be encouraged to select foods from the attached list.....</p>	<p>Attached list used by teachers.</p>	<p>Same</p>	<p>List makes an impact on choices in the classroom.</p>	<p>Unclear</p>	<p>Need staff feedback on list.</p>
<p>14. Only prepackaged foods or foods prepared at establishments supervised by the Health Department may be brought into school to be shared with students.</p>	<p>No homemade food served in classrooms.</p>	<p>Food served in class is from a facility that is inspected by the health department or USDA.</p>	<p>Same</p>	<p>Teachers and parents are aware of requirement.</p>	<p>Met</p>
<p>15. ACS will not promote the use of food as a punishment.</p>	<p>Actions match policy.</p>	<p>Other means of discipline are used.</p>	<p>Class rules/Discipline records</p>	<p>Food is not considered an appropriate method for punishment.</p>	<p>Met</p>

Candy Midyette, Board Member/Chris Watson, Administration/Tiffany Bennett, School Nurse/Laura Atienzo, CN Manager/Cali Broughton, Parent/Cindy Midyette, Community Member/Renee Midyette, Community Member/Jeremy Forbes, PE/Nykeya Johnson, Student/Latanya Bryant, Parent

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